

Axes Workshop

DIGITAL HEALTH CONFERENCE



Centre de recherche interdisciplinaire
en réadaptation du Montréal métropolitain

Research-Related Activities for the CRIR Community

Co-design, implementation and evaluation of a digital health platform to support rehabilitation transitions of care



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Sara Ahmed is a clinical epidemiology researcher affiliated with the RI-MUHC. She is the Scientific Director of Québec's Digital Health Network and co-directs the McGill Centre for Health Measurement. She also leads the BRILLIANT Learning Health Community, part of an international network focused on advancing learning health systems in rehabilitation.

Her work centres on designing, implementing, and scaling digital health solutions, and integrating patient-reported outcomes and experiences into routine care. She aims to support more equitable, evidence-informed health systems that deliver meaningful value for patients, providers, and communities, particularly those living with chronic conditions. Her research also emphasizes collaboration across disciplines and the use of data to continuously improve care.

Conference description:

Discover how digital health is transforming rehabilitation care and improving patient pathways. This conference highlights an innovative approach to integrated health systems, where patients, clinicians, and decision-makers have access to real-time information to make informed decisions at every stage of the care journey.

The presentation introduces **BRILLIANT**, an innovative digital platform designed to optimize care transitions, enhance communication between care teams, patients, and their families, and support better coordination of interventions. It also enables the measurement of outcomes that matter to patients, the personalization of care plans, and the provision of tools that promote self-management.

Through a collaborative approach involving patients and health system stakeholders, this initiative demonstrates the real potential of digital solutions to improve user experience, quality of care, and clinical outcomes. A unique opportunity to explore innovations driving a more connected, efficient, and patient-centered health system.

Target Audience:

Research community, students, clinical and management sectors, community organizations and anyone interested in digital health.

Date and time: Tuesday, March 24, 2026
12:00 to 1:00 PM

Contact: Mohamed Mathlouthi
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Language: English

Modality: In virtual on Zoom, Mandatory Registration click [here](#) or via this QR code:



Accessibility: The question period will be bilingual (French and English)

