

# Axes Workshop

IN-PERSON WORKSHOP



Centre de recherche interdisciplinaire  
en réadaptation du Montréal métropolitain

Research-Related Activities for the CRIR Community

## Practical Workshop on Writing a Descriptive CV (Pomodoro Format)



### Workshop Description:

Following the success of our first workshop, we invite you to continue the experience with a new session dedicated to writing your descriptive CV. This workshop builds on the previous one and is designed to support you in developing a CV that is more structured, more compelling, and clearly focused on the impact of your achievements.

In a collaborative and stimulating environment, you will have the opportunity to enhance the quality of your writing, clarify your actual contributions, and learn how to better showcase your work. Through exchanges with fellow researchers, you will benefit from an external critical perspective that will help you move beyond vagueness and unnecessary jargon, gaining clarity and precision.

Come write, ask your questions, and engage in constructive discussions that will enable you to make tangible progress on your CV and give it the strength it deserves.

### Target Audience:

This workshop is intended for researcher members of CRIR.

### Workshop Format:

This workshop will be held **in person** and will follow a **Pomodoro** format, structured into 35 minute cycles. Each cycle begins with 25 minutes of individual writing, during which participants work in a focused manner on a specific section of their CV. This phase is followed by 10 minutes of group discussion and reflection, during which participants can ask questions, clarify certain elements, and suggest possible improvements in order to enrich the content and strengthen its clarity and impact.

**Date and time:** Wednesday, May 6, 2026  
1:00 PM to 4:00 PM

**Contact:** Mohamed Mathlouthi  
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**Language:** French and English

**Registration required** [here](#)

**Location: IN PERSON**  
**Saputo Amphitheatre at IRGLM**  
Gingras Pavillon, 6300 Darlington Ave.,  
Montreal, H3S 2J4

